

THERAPEUTIC DAY TREATMENT FOR CHILDREN & ADOLESCENTS

Family Redirection Institute Day Treatment services are offered to students at the high school, middle school, elementary school and preschool levels. The program provides intensive and school based treatment to students utilizing psychotherapeutic interventions combined with educational assistance and mental health treatment. The program is offered to the school and family as a means of support for students who:

- Require year round treatment in order to sustain behavioral or emotional gains
- Have behavioral/emotional problems and are at risk of homebound instruction because of behaviors.
- Exhibit deficits in social skills, peer relations, dealing with authority, impulse control, limitations in cognitive ability or hyperactivity and extreme depression
- Exhibit difficulty establishing/maintaining normal interpersonal relationships
- Exhibit inappropriate behavior resulting in intervention by the community
- Exhibit difficulty in cognitive ability, unable to recognize personal danger of significantly inappropriate social behavior.



WORKING COOPERATIVELY WITH JUVENILES,
THEIR FAMILIES AND THE COMMUNITY

SERVICE AREAS

- Williamsburg
- Newport News
- Hampton
- Norfolk
- Chesapeake
- Portsmouth
- Suffolk
- Isle of Wight
- Virginia Beach

Family Redirection Institute

13195 Warwick Blvd., Ste C
Newport News, VA 23602
Phone | 757.877.7090
Fax | 757.877.7080

5062 Portsmouth Blvd.
Chesapeake, VA 23321
Phone | 757.398.0200
Fax | 757.398.0057

www.familyredirectioninstitute.com

THERAPEUTIC DAY TREATMENT PROGRAM



“Empowering Families to Create a Positive Change in Our Community”

Family Redirection

A LICENSED MENTAL HEALTH PROVIDER

Institute, Inc.



Empowering Families



DEVELOP



SUPPORT

EDUCATE



TRAIN



THE MISSION

To prevent children from being placed in more restrictive educational learning environments (alternative/out-of-zone school placements), increase academic success, develop skills to manage personal behavior, productivity and appropriateness.

MAIN FOCUS OF PROGRAM

The Day Treatment Program provides treatment and support to youth who cannot function appropriately in their school. Youth who are susceptible to negative peer influences, substance abuse, delinquency, suicidal ideation and violence are assisted with issues that can have an adverse effect on their ability to function appropriately. The interventions employed by our staff will reinforce positive behaviors while reducing self defeating and maladaptive responses to structure. The program's treatment strategies will focus on controlling aggressiveness/anger, enhancing communication, social and interpersonal skills, making healthy choices, becoming a better decision-maker, daily living skills, impulse control, peer relations, problem solving, community responsibility, depression, hyperactivity and dealing with reality. However, the overall focus of the program is to maintain students and enhance performance and their assigned school placement.

Target Population:

The program serves both male and female students between the ages of 4 – 18.

Hours of Operation:

The program correlates with the school's calendar/schedule and operates Monday through Friday, including summer school.

Funded by: Medicaid

Referral Process:

Youth have demonstrated a history of behavioral or emotional difficulties recognized by school personnel or previously diagnosed as indicated in their IEP may be directly referred to a site Supervisor/Family Redirection office.

PROGRAM SERVICES

Family Redirection Institute (FRI) Therapeutic Day Treatment Program provides services to meet the needs of students with behavioral and emotional challenges. The Program provides:

- Behavior Management
- Academic Assistant/Support
- Extensive Face-to-Face Support
- Diagnostic Assessment
- Individualized Treatment Plan
- Family Counseling Weekly
- Therapy Sessions Weekly
- Anger Management
- Therapeutic activities
- Daily Group Therapeutic Sessions
- Case Management Services
- Medication Education Management

The program will reduce:

- The number of students being referred to alternative disciplinary programs
- Both in-school and out-of-school suspensions
- The retention rate of students by improving academic performance
- Student absenteeism

